



## **Get Better Understanding**

### **Parenting Advice**

There is so much written on how to raise your children. Some if this advice conflicts, so who is right? It depends.

On the expert's advice, I'd say, pick something that resonates with you and try it. Did it work? If so, keep it up, if not, don't do that anymore. Or tweak it so that it does work for you.

I'd also suggest not changing everything you are doing to what the expert says to do. That can be overwhelming for you and confusing for your child. Try one change at a time. Another reason to make changes one at a time, is you can easily determine what is working and what is not.

Each child is different, what works for one may not work for another. The rules are to be followed by everyone, however, consequences may need to be adjusted. The kids may cry, "UNFAIR" but if you are not getting the result you want, it is your prerogative to change the consequences. I would get better results from taking away computer or game privileges from my son, but my daughter however didn't care. So a different restriction, like not going to friends houses worked better for her.

### **Stages of Kids**

Oh and what works at age 6 will not work at age 16. I wish it did. I would figure something out and then it would stop working and I had to come up with some new strategy. There were times I was so tired, I didn't want to find something new to do. I would want to give up. I might have taken a break to catch my breath but I knew that I needed to persevere.

And then I'd go to the library, ask other parents, search the internet, looking for ideas of what I could try next.

A resource that we often overlook is asking the kids themselves. You may be surprised at the input they give you.

### **Family Adventures**

Children grow up so fast. The time seems to fly by. It seems we have just brought them home from the hospital and thought we'd never get a full night's sleep again and then, they are moving out and starting families of their own.

Spend some time finding out what they like to do, then find ways to do it. Don't let the idea of the cost get in the way. See if you can pool resources with other parents. Brainstorm on ways you can get to do what you plan. Bartering is a great way to do something. Find others who what to do what you want to do and create a co-op.

Make a list. Then pick something from the list and plan a family adventure this month. Send me an email at [laura@primaryparentingonpurpose.com](mailto:laura@primaryparentingonpurpose.com) and share what you did.

### **Tele-seminar**

I've asked and you've responded! I asked 'What is your biggest challenge to being a single parent?' The greatest response was in regards to finances and being the best parent possible. Starting this month, I'll have a series of tele-seminars covering these issues.

The next tele-seminar is Wednesday, April 30, 2008 7:00pm Central. There is no cost to listen! The tele-seminar is free! Contact [info@laurariestraining.com](mailto:info@laurariestraining.com) to sign up. Make sure to include 'Tele-seminar sign-up' in the subject line.

Be sure to ask about the special bonus for signing up through the e-zine.

### **Check out my Blog!**

Go to [Successtelevision.com](http://Successtelevision.com)

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